

15 Tips to Eliminate Clutter and Feel Better

1. Reduce mail by opting out of junk mail. www.dmachoice.org
This is a website you can go to in order to get off the junk mail lists.
2. Sort mail daily
On the way in from the mailbox throw that junk mail out.
Have a designated place for bills or invitations.
3. Switch to automatic bill payments for reoccurring bills. Request online statements for banking and investments.
4. Set up a donation station
Have a place/bin/bag in your home where you place items that you come across that you would like to donate. When the container is full, make a trip to Good will etc.
5. Make a decision
Don't wait long to decide if you're going to keep, throw out, donate or reorganize certain items in your home.
6. Be ruthless
Don't hang on to things...it's just stuff! Minimize, minimize, minimize
7. Use containers for sorting while organizing: donate, trash, recycle, items that go elsewhere, and "shred" for papers.
8. Find a home for everything
When you are making places for your things:
 - Where would you look for it when you need it?
 - Where do you use the item?
9. Place a laundry basket in every bedroom for dirty clothing
10. Follow the 1 in 1 out rule
When you get a new item....toy or piece of clothing...decide which item you will donate to make room for the new item.
11. Find 10 things to remove from your house every week.

12. Make it a routine to pick up the house at the end of every day

Not just the kids stuff ;)

13. Before buying something, ask yourself where will you store it?

14. Rotate toys

Keep a bin of toys put away and when current toys get boring trade them out for the toys in the hidden bin. Create bags of items that you can take to entertain your children while you are out. This helps with having a place for those small toys you don't want to pick up everyday, and will ensure that your children have something novel to keep them entertained.

15. Give experiences for holidays and other gift giving occasions, instead of stuff.