1. The rest of God in ________________.
   a. God ________________ his work.
   b. God __________ ________ his work.
   c. God ______________ the seventh day and made it ________.

2. The rest of God in ______ ________.
   a. The _______________ day.
   b. To _________________.
   c. To _________________.
   d. They did not __________ the rest of God.

3. The rest of God in ____________.
   a. Sabbath ________.
   b. Sabbath ________.
      i. Seventh Day
      ii. Christian Sabbath
      iii. Lutheran Sabbath
      iv. Fulfillment
   c. The _____ _________________.
   d. The _______ _________________.
   e. The _______ _________________.
   f. The _______ _________________.
   g. The _______ _________________.
HEARING AND DOING

Each week this section will provide next steps for going deeper with the sermon material, as well as preparing for discussion in your Grow Group. Bring this sheet with you to your group meeting.

1. Look up the Scriptures in the first column and fill in the rest of the table.

<table>
<thead>
<tr>
<th>Scripture</th>
<th>Covenant</th>
<th>Sign of the Covenant</th>
<th>Reason for the sign</th>
</tr>
</thead>
<tbody>
<tr>
<td>Genesis 9:8-17</td>
<td></td>
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<tr>
<td>Genesis 17:1-14</td>
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<tr>
<td>Exodus 19:1-6, 31:15-17</td>
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<tr>
<td>Jeremiah 31:31-34; 1 Corinthians 11:23-26</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. What are some examples of a “covenant” that you have with someone? Why is it important to consider God’s covenants with his people throughout history? What attributes of God are revealed through these covenants?

3. Read Romans 14:1–6, 13–22. To whom is this passage directed? What is the context of verses 1–4? What is the context of verses 5–6?

4. What are some common “opinions” (ESV) or “disputable matters” (NIV) over which there is disagreement in the Christian community? How should we handle such disagreement?

5. Growing up, were there any activities that were acceptable Monday through Saturday, but not on Sunday? How strictly did you adhere to these rules?

6. Next Sunday we will take a practical look at the rest of God. Try to set aside some extended time this week to rest with God. Jot down some thoughts about your experience to share with your group. What did you do? What did you stop doing? Was it easy or difficult to set aside this time?